



# POCUS FocusClass: Abdomen Focus

With the "Point of Care Ultrasound FocusClass: Abdomen Focus", you will become skilled in the use of handheld ultrasound devices and ultrasound exams in your clinical setting. You will save critical time in making a diagnosis - even if you currently have little or no experience in the use of ultrasound. This course covers the following topics: Obstetrics Basics, Kidney, MSK Basics, Urinary tract, Biliary tract, Abdominal Aorta and eFAST. Note: This course includes AI-generated translations in Spanish and Arabic. Accuracy is not guaranteed (read more in Terms & Conditions)

3.25  
CME credits

7  
Chapters

8  
Lectures

7  
Quizzes

Chapter 1 | 0.5 CME

## Obstetrics

This chapter is designed for healthcare professionals who have an interest in point of care obstetric ultrasound. The chapter will provide you with probe manipulation techniques and an early pregnancy ultrasound protocol with handheld devices. You will experience how to differentiate ectopic pregnancy and you will learn about the associated probe manipulation technique. The professional will also identify situations when a referral for a second opinion is indicated.

### Lectures & Quizzes:

- Obstetrics
- POCUS FocusClass - Obstetrics

Chapter 2 | 0.25 CME

## Kidney

This chapter aims to improve your understanding and use of handheld ultrasound to answer clinical questions by focussing on sonographic planes, terminology and probe manipulation skills. The professional will be able to identify the sonographic appearances of normal and abnormal structures required to answer common clinical questions and understand situations when a referral for a second opinion is indicated.

### Lectures & Quizzes:

- Kidney
- POCUS FocusClass - Kidney

Chapter 3 | 0.5 CME

# Urinary tract

This chapter aims to improve your understanding and use of handheld ultrasound to answer clinical questions by focussing on sonographic planes, terminology and probe manipulation skills. The professional will be the variants and abnormalities of the urinary tract from presentations, hands-on demos and case-based learning. The professional will be able to understand situations when a referral for a second opinion is indicated.

## Lectures & Quizzes:

- Urinary tract
- POCUS FocusClass - Urinary tract

Chapter 4 | 0.25 CME

# Biliary tract

This chapter was designed for healthcare professionals who aim to incorporate handheld ultrasound assessment of the biliary tract in their practice. The professional will learn how to recognise the variants and abnormalities of the biliary tract from presentations, hands-on demo and case-based learning and understand situations when a referral for a second opinion is indicated.

## Lectures & Quizzes:

- Biliary tract
- POCUS FocusClass - Biliary tract

Chapter 5 | 0.5 CME

# Abdominal Aorta

This chapter aims to improve your understanding and use of handheld ultrasound to answer clinical questions in your practice by focussing on sonographic planes, terminology and probe-manipulation skills. The topic provides an overview of anatomical structures and vessels around the abdominal aorta where the professional will understand variants and abnormalities as well as situations when a referral for a second opinion is indicated.

## Lectures & Quizzes:

- Abdominal Aorta
- POCUS FocusClass - Abdominal Aorta

Chapter 6 | 0.75 CME

# MSK

This chapter provides an introduction to the anatomy and ultrasound examination of the knee and shoulder. Particular emphasis is given to scanning protocols as well as tips and strategies for obtaining high-quality images. The professional will be able to identify the sonographic appearance of normal and abnormal structures required to answer common clinical questions and understand situations when a referral for a second opinion is indicated.

### Lectures & Quizzes:

- MSK 1
- MSK 2
- POCUS FocusClass - MSK

### Chapter 7 | 0.5 CME

## eFAST

Here we teach you the eFAST protocol, which is used in the ultrasound assessment of trauma patients. Niko and Martin explain when it should be used and which views you should acquire. Learn which pathologies you can detect and watch teaching cases, which highlight the potential of the eFAST exam.

### Lectures & Quizzes:

- eFAST
- POCUS FocusClass - eFAST